



# How to Prepare for an MRI Appointment

## What Happens Before the Scan?

You will need to remove things that might affect the magnetic imaging, such as:

- Jewelry
- Hairpins
- Eyeglasses
- Watches
- Wigs
- Dentures
- Hearing Aids
- Underwire Bras
- Cosmetics that Contain Metal Particles

- When you arrive, you will be required to complete several information forms.
- You will be escorted into the MRI area, where you may be asked to change into a gown, remove all metal objects, purse/wallet, and watch.
- One of the staff will then explain what will happen to you during the examination.
- They will discuss with you the most appropriate method of delivering your films and report, based on the date of your follow-up appointment.

## During the MRI

When you enter the MRI room, don't be alarmed by the occasional knocks and buzzes from the machine.

Your headphones or earplugs will help to dampen any loud noises during your exam. Your MRI technologist will communicate with you after each scan. Once the exam is complete, the technologist will come back into the exam room to help you out of the machine and escort you to the changing area. You will change back into your own clothes and are now free to go.