



PHYSICAL MEDICINE TRUE CASE STUDY

INJURY: A crane operator injures his neck; 3 months (35 visits) of physical therapy and no improvement to the injury. Next step is SURGERY.

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A care coordination company coordinated the injured worker's physical therapy visits that resulted in no improvement to the injury. Therefore, Anterior Cervical Spine Discectomy surgery is the next option.

Carrier was referred to MTI and reached out to see if there are other options. MTI's physical medicine team explained that we have a physical therapy clinic that specializes in spine treatment in our network.

After a few weeks at the physical therapy clinic, the injured worker experienced improvement. Carrier was satisfied and authorized three months of visit.

Injured worker completed 3 months of therapy and was pain free, sleeping a full night again, and surgery was no longer a consideration. The injured worker was able to return to work at his premorbid level and position.

\$18,000 Surgery Home Care \$ 2,000 \$ 2,000 **Outpatient Therapy Bone Stimulator** \$ 3,800

TOTAL \$ 25,800

SURGICAL OPTION

MTI OPTION 3 Months of Specialized **Therapy Services** \$6,000

\$19,800 or 23% in Payor Savings